

New Zealand Community for Christian Meditation

LIBRARY

The NZCCM library is held by Vincent Maire who lives on the Hibiscus Coast. Books are only loaned to current financial members of NZCCM.

To order a book either email Vincent at Maire.Family@clear.net.nz or call him on (09) 424-2293 evenings, or post your request to Vincent at 7, Motuora Road, Manly, Whangaparaoa, 0930.

When ordering please include your name, postal address, contact phone numbers and email address.

*It costs \$5 to hire a book, CD, DVD, video or set of tapes. This can be sent when returning the item. Make cheque out to NZCCM. Funds will be used to pay for postage and help build the collection.

Before the book is despatched Vincent will check to see if the borrower is a current financial member of NZCCM. If not, please add \$20 to the cheque.

The loan period is one month.

Borrowers will be expected to pay for the replacement cost of any books that are lost. Should the book no longer be in print an appropriate replacement book will be agreed.

While it is our intention to expand the library with current titles on meditation and spirituality this costs money. Please feel free to donate books that you think would be welcome reading to fellow meditators.

We are especially seeking the following titles for the NZCCM Library, (by John Main) The Present Christ, The Way of Unknowing, Door to Silence, Word into Silence, The Heart of Creation; (by Laurence Freeman) Jesus The Teacher Within, The Pearl of Great Price, The Good Heart; plus any titles by or about Thomas Merton, Meister Eckhart, Richard Rohr, Thomas Keating, Joan Chittister, Evelyn Underhill, The Dalai Lama, Henri Nouwen, Anthony de Mello, Bede Griffiths, Archbishop Rowan Williams, Simone Weil, Henri Le Saux, Teresa of Avila, Catherine of Siena, John of the Cross, Hildegard of Bingen, Jean Vanier, Julian of Norwich, John Cassian, St Benedict, The Cloud of Unknowing, Practice of the Presence of God, writings of the Desert Fathers & Mothers.

Donated books that are not deemed suitable or appropriate to the NZCCM library will not be returned to the sender but will be donated to the local charity shop.

PS. Some of the above mentioned classics can be downloaded free off the internet. Christianmystics.com is a good place to start.

** A few items will cost more than \$5 due to their size and the extra cost of postage.*

Books

Author	Title	Year pub.	Description
John Main	Community of Love	1990	P/b, 195 pages, This book brings together JM's insights into a range of vexing issues and teaches us how to seek answers to these problems using personal experience as a starting point.
John Main	Word into Silence	1980	P/b, 81 pages, this book is full of helpful advice as well as deep spiritual insight
John Main	Moment of Christ	1984	P/b, 111 pages, the way of the mantra, leaving distraction behind, fullness of life in love and silence
John Main	The Inner Christ	1987	P/b, 342 pages, a volume that combines the above two books plus his 1987 book, <i>The Present Christ</i> .
John Main	Letters from the Heart	1991	P/b, 136 pages, a collection of letters written by JM to participants and friends of his community in Montreal.
John Main	The Heart of Creation	1996	P/b, 107 pages, the need for spiritual discipline, how to see the fruits of our prayer, solitude and community, our relationship with Christ and the contemplative experience as the meeting-point of religions.
John Main	Word Made Flesh	1993	P/b, 66 pages, the true meaning of meditation and the exploration of the depths of one's being. (Ed. Laurence Freeman)
John Main	The Monastic Adventure	1983	P/b, 55 pages, the monk's life, as JM saw it, was an adventure beyond human limitation into the creative mystery of God.
John Main	Christian Meditation – The Gethsemani Talks	1977	P/b, 62 pages. In 1976 JM was invited to address the Cistercian community of Gethsemani Abbey (home of Thomas Merton) on the subject of prayer. This book is the transcript of those talks.
John Main	The other-centeredness of Mary	1983	P/b, 24 pages, what is the meaning of Mary for a modern and truly spiritual Christianity?
John Main	The Christian Mysteries – Prayer & Sacrament	1979	TP/b, 55 pages, the text of six talks given in Montreal in November 1978

Books

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John Main	Awakening – on retreat with John Main	1997	P/b, 110 pages, JM guides this retreat with inspiring insights into essential spiritual experience
Laurence Freeman	Light Within – The Inner Path of Meditation	1995	P/b, 117 pages, the chapters in this book have been written from talks or conferences given by LF in many parts of the world. Forward by Yehudi Menuhin
Laurence Freeman	Aspects of Love – on retreat with Laurence Freeman	1997	P/b. 96 pages, explores the central value of all essential spiritual life.
Laurence Freeman (editor)	Monastic Studies # 15, Advent 1984	1984	P/b, 301 pages, dedicated to the memory of Dom John Main, nine contributors examine JM's impact on spirituality and prayer at both the personal and global level.
Laurence Freeman	A Short Span of Days	1996	P/b, 56 pages, talks given by LF that address the spiritual question of how people die today; how meditation helps all those concerned with dying whether, patient, carer, hospice worker or family member/.
Various	Christian Meditation – The Silent Teaching	1986	P/b, 64 pages, a transcript of a meeting of Christian Meditation group leaders
Peter Ng (editor)	The Hunger for Depth and Meaning – Learning to Meditate with John Main	2007	P/b, 204 pages, 69 extracts from JM's spoken teachings, arranged thematically in eight sections: Essence, Practice, Theology, Mantra, Tradition, Journey, Fruits, The Way.
Paul T. Harris (editor)	John Main by Those Who Knew Him	1991	P/b, 312 pages, a collection of personal reminiscences and pictures by his family, friends and colleagues
Ernie Christie	Coming Home – A Guide to Teaching Christian Meditation to Children	2005	P/b, 134 pages + 22 min. DVD. This book presents the results of an extended pilot project among 31 schools in the Townsville Diocese on teaching CM to children age 5 to 17.
Gregory Ryan	My Happy Heart – Prayer of the Heart	2000	P/b, 36 pages, a book about meditation for children, includes a CD.

Books

Author	Title	Year pub.	Description
Gregory Ryan	The Burning Heart – Reading the New Testament with John Main	1996	P/b, 88 pages, after his death in 1982 JM's bible was found to have many passages marked by him. GR matches those pieces of Scripture with extracts from many of JM's own writings on the same verses.
Kim Nataraja	Dancing with your Shadow	2006	P/b, 205 pages, the spiritual journey is about integrating the 'ego' and its shadow with the deeper 'self', so at last we will be whole.
William F. Eckert	The Prayer of the Priest	2005	P/b, 200 pages, Christian meditation and priestly ministry; 20 priests from around the world explain how they discovered the tradition and how it helped them face the challenge of their ministry.
Charles Brandt	Self and Environment – on retreat with Charles Brandt	1997	P/b, 63 pages, writing from his hermitage in the forests of British Columbia, The author leads us in this retreat to a fuller sense of the sacredness of creation and of our oneness with nature.
Eileen O'Hea	Silent Wisdom, Hidden light – on retreat with Eileen O'Hea	1997	P/b, 63 pages, an experienced psychotherapist and spiritual guide EO'H explores mediation as a way to transformation of our minds.
Mary McAleese	Reconciled Being – Love in Chaos	1997	P/b, 122 pages, MM has been actively involved for many years in the search for peace in Northern Ireland and shares her deepest beliefs about the way to lasting peace.
Ernest E. Larkin O.Carm.	Christian Meditation – Contemplative Prayer for Today	2007	P/b, 151 pages, this book is the conclusion and fruit of many years of personal search by EL. He has helpful advice for those new to contemplation and reveals hidden depths for those on the way.
Henry L Carrigan (editor)	Eternal Wisdom from the Desert	2001	P/b, 116 pages, contains Athanasius' famous <i>The Life of St Anthony</i> , St Jerome's <i>The Life of Paul the Hermit</i> , and the collected sayings of many of the desert fathers.
Phil Dyer	Encountering the Still Point – A Practical Introduction to Christian Meditation	2000	P/b, 200 pages, PD has worked as a parish priest in several Anglican parishes in NZ and led retreats at the Houchen Retreat Centre in Hamilton. This book offers many practical and down to earth suggestions on a wide range of topics including how to meditate, journaling and how to turn gardening into a source of healing.

Books

Author	Title	Year pub.	Description
Thomas Merton	Contemplative Prayer	1973	P/b, 140 pages this classic was written primarily for monastics but speaks to anyone seeking insights into prayer at a more profound level.
John J Higgins	Merton's Theology of Prayer	1971	P/B, 160 pages, an analytical study of Merton's theology of contemplative prayer, showing its centrality in man's spiritual life.
Michael Mott	The Seven Mountains of Thomas Merton	1984	H/C 690 pages, a highly acclaimed biography of Merton's life
M. Basil Pennington	Centering Prayer – Renewing an Ancient Christian Prayer Form	1980	H/C 222 pages, describes the special spiritual techniques involved in this form of meditative prayer.
Thomas Keating	The Better Part – Stages of Contemplative Living	2000	H/C 128 pages, a book for those new to Centering Prayer and for long-time practitioners.
Thomas Keating	Open Mind, Open Heart – The Contemplative Dimension of the Gospel	1986	P/b, 150 pages, TK gives an overview of the history of contemplative prayer in the Christian tradition and a step-by-step guidance in the method of Centering Prayer.
Thomas Keating	Invitation to Love – The Way of Christian Contemplation	1998	P/b, 151 pages, outlines and explains the actual stages of the process of spiritual growth.
Joan Chittister	Wisdom Distilled from the Daily – Living the Rule of St Benedict Today	1990	P/b, 216 pages, wise and enduring spiritual guidelines for everyday living.
Gerry Pierse	A Wider Vision – Reflections on God, Prayer, & Church in the light of Christian Meditation	1993	P/b, 122 pages, based mainly on the teachings of John Main this book shows the deep roots of the tradition and offers advice on how to practice it.
Gerry Pierse	People who Prayed	1996	P/b, 110 pages, the stories in this book provide different slants or angles on the mysterious reality which we call prayer.
Paul T Harris (Editor)	Christian Meditation by those who practice it	1993	P/b 273 pages, 85 meditators from around the world explain in clear and simple terms how they discovered CM and why it has become such an important part of their lives.

Books

Author	Title	Year pub.	Description
Bede Griffiths	The Marriage of East and West	1982	P/b, 224 pages, insights into the Vedic, Judaic and Christian revelations
Robert Kiely	Still Learning – Spiritual Sketches from a Professor's Life.	1999	P/b, 205 pages, professor of English and American Literature at Harvard (1973-1999) RK explores his life with an emphasis on spiritual growth and experience.
Thomas Ryan	Disciplines for Christian Living	1993	P/b, 275 pages, deepening your relationship with God with a range of disciplines that include time spent with friends, living with a Sabbath rhythm, exercising regularly and learning to live in the present moment.
Thomas Ryan	Wellness, Spirituality and Sports	1977	P/b, 215 pages, this book presents a holistic spirituality that will enable active people to prize their sporting experiences as integral to their life and faith.
Vandana Mataji	Swami Abhishtananda – The Man and his Message	1985	P/b, 83 pages, memories of Dom Henri Le Saux O.S.B who on going to India took the name Swami Abhishtananda.
Meister Eckhart	Selections from His Essential Writings	2005	P/b, 162 pages, includes Counsels on discernment, selected sermons, on detachment and the Book of Benedictus.
John Cassian	Conferences	1985	P/b 208 pages the edition is part of the 'Classics of Western Spirituality' published by the Paulist Press. The 30-page introduction provides an excellent overview of Cassian, his life and the impact <i>Conferences</i> has had on Christianity.
Freeman & Reynolds (editors)	John Main – The Expanding Vision	2009	P/b 140 pages this book offers the proceedings from the 2007 John Main Seminar. Eight visionary thinkers discuss Main's impact on theology and contemplative prayer.
Jane Carswell	Under the Huang Jiao Tree – two journeys in China	2009	P/b 272 pages; At first the second, interior journey, goes practically unnoticed as Jane Carswell adapts to life as an ESOL teacher in China. An encounter with an old man meditating under a tree pushes her reluctantly on to an interior journey that starts on her return to NZ when she encounters three monks, Freeman, Main and Cassian. Winner of the Whitcoulls Travel Book of the Year Award.

CDs

Narrator	Title	Discs	Description
John Main	Preparing for Silence	4	These talks are intended to help you prepare for the silence of meditation. Talks range from 5 to 15 minutes.
Various	Still Present – The Life and Legacy of John Main	6	The 2007 John Main Seminar marked the 25 th anniversary of his death. Six prominent speakers address contemporary issues, speaking from their personal experience of this way of prayer
Laurence Freeman and Margaret Rizza	John Main Memorial Eucharist 2007	2	Memorial mass at Westminster Cathedral celebrated by LF with music composed and conducted by MR.
Laurence Freeman	Peace – Not as the World Gives	2	Wisdom knows that true peace is found beyond chaos and in the deep order and harmony of the human heart. Talks range from 12 to 17 minutes.
Laurence Freeman	Loving the World	2	LF challenges us with this powerful insight: For the first time in human history, humans are now in control of the environment, but we are not handling this responsibly. Talks range from 10 to 13 minutes
Laurence Freeman	The Essentials of Christian Meditation	1	Ten short addresses on the essential practice.
Laurence Freeman	The Journey of Meditation	1	A lucid presentation of the essential teaching most often used on introductory courses. Has a complimentary DVD. Talks range from 10 to 30 minutes.
Laurence Freeman	Wholeness – Cutting the Bonds that Control Us	3	LF explains in 16 addresses the human hunger for wholeness as something even deeper and broader than our personal healing. Talks range from 7 to 15 minutes
Laurence Freeman	Harmony in the Soul	6	Exploring the great teachings in the Koran, LF finds resonance between Muslim and the Christian wisdom traditions. Talks range from 48 to 59 minutes.

CDs

Narrator	Title	Discs	Description
Laurence Freeman	Waiting for Something to Happen	6	We are all waiting for something to happen; perhaps with desire or fear, or maybe with openness and alertness. To wait fruitfully means to pay attention. To pay attention is to love. Talks range from 21 to 40 minutes.
Laurence Freeman	Loosing & Finding	6	LF offers a profound understanding of losing and finding that points us to the gospel way of seeing things; they are not irreconcilable; they form the rhythm of life. Talks range from 48 to 61 minutes
Laurence Freeman	The Way of Unity – Habits of the Heart	6	“We are all wired and we are all wireable,” explains LF. “It is hard slow work to get rewired to the truth, especially if it is staring us in the face ... the truth that Jesus came to bear witness to is a personal reality. Talks range from 53 to 56 minutes.
Laurence Freeman	Why Meditation Breaks the Cycle of Violence	5	Meditation is a way of peace because it exposes the root of violence in us, and reveals the nature of violence. Talks range from 40 to 80 minutes.
Laurence Freeman and Thomas Keating	Is there a way through? A Dialogue on Contemplative Prayer	6	Political and other institutions seem unable to resolve the crisis of conflict and violence facing us today. Is there a way through? The two speakers suggest that indeed there is a way through. Talks range from 51 to 72 minutes.
Laurence Freeman, Patricia Ng and Dr Balfour Mount	Lessons for the Living from the Dying	3	Reflections on life, suffering, meaning and wholeness from the experience and authority of a spiritual guide, a patient and a medical practitioner. Talks range from 45 to 59 minutes.
Thomas Keating	The Healing of the Human Condition	5	Co-founder of the Centering Prayer Movement, TK is a Cistercian Monk. He suggests how the practice of contemplative prayer can help in the healing of the human condition. Talks range from 5 to 17 minutes.
Richard Rohr	A Lever and a Place to Stand	6	Beyond the world of constantly changing opinion, we can find a place to stand, in our true self, which enables us to see beyond the fixed boundaries of the ego. Talks range from 51 to 65 minutes.

CDs

Narrator	Title	Discs	Description
Margaret Rizza	The Fire of Silence through Music and Mystics	5	MR shares her personal journey into the mystery of God, who calls us into an ever deepening relationship of love. Talks and music with sessions ranging from 36 to 67 minutes.
Various	Bede Griffiths and the Future of Christian Wisdom	6	Three speakers, Shirley de Boulay, Bruno Barnhart and Andrew Harvey celebrate the 10 th anniversary of Bede Griffith's death.

DVDs

Narrator	Title	Discs	Description
Laurence Freeman	The Journey of Meditation	1	A lucid presentation of the essential teaching most often used on introductory courses. Has a complimentary CD. Presentations range from 10 to 30 minutes.

Videos

Narrator	Title	Tapes	Description
Laurence Freeman and Huston Smith	Is there only One Path?	1	A conversation between HS & LF recorded at the 1999 John Main Seminar. Viewing time 75 minutes
Laurence Freeman and Bede Griffiths	Christ in the Lotus	1	During a visit to BG's Benedictine ashram in India, LF spent several hours in conversation with him. This interview reveals their extraordinary depth and clarity of vision of one of the world's great spiritual leaders. Duration 42 minutes.
HH The Dalai Lama	The Good Heart	1	In 1994 The Dalai lama prayed in Jerusalem and Lourdes and led the John Main Seminar in London. On this tape he comments on The Sermon on the Mount and The Beatitudes. Duration 1 hr 45 minutes.
HH The Dalai Lama	The Good Heart	1	Highlights of the ceremonies and commentaries from the above Seminar. Duration 50 minutes.

Cassette Tapes

Narrator	Title	Tapes	Description
John Main	Communitas	48	One of the most valuable legacies of JM's teachings is this set of 48 tapes. Suitable for absolute beginners or people or groups relatively new to meditation. Each tape lasts approximately 40 minutes - 32 hours of listening time. Does not have to be borrowed as a complete set, comes in sets of 10 tapes.
John Main	The Heart of John Main's Teachings	5	The ten short talks are appropriate for newcomers. Average listening time is 20 minutes per tape.
John Main	In the Beginning	6	An introductory series of talks for a group or individual. Average listening time is 20 minutes per tape.
John Main	The Last Conferences of John Main	6	These talks are taken from the period of JM's life when he was terminally ill.
Laurence Freeman	Purity of the Heart	6	Every major tradition agrees that human beings are animals of desire. LF draws on Shakespeare, Buddhism, The Desert Fathers, Chuang Tzu and others to show that when drawn to desire by God's power, goodness and beauty meet.
Laurence Freeman	Solitude	6	LF gives an authoritative expression of five sages from St Anthony of the Desert to Thomas Merton and John Main on the gifts of solitude.
Laurence Freeman	On Jesus	6	LF explores the meaning of Jesus today by listening deeply to this central question of the Gospel: "Who do you say I am?"
Laurence Freeman	The Teacher Within	6	LF explores themes on the teaching of the Desert Fathers as well as drawing extensively on his book, <i>Jesus, the Teacher Within</i> . Tapes last from 40 to 58 minutes.
Laurence Freeman	Forgiveness	6	There can be no forgiveness without the willingness to forgive. The answer is pure prayer.
Laurence Freeman	Practicing Dying: The Work of Detachment	4	LF explores the idea of learning to die through the practice of detachment experienced in the ancient tradition of Christian meditation.
Laurence Freeman	Wounded Hearts	6	LF delivers a profound reflection on the coexistence of suffering and joy in the human condition.

Cassette Tapes

Narrator	Title	Tapes	Description
Laurence Freeman	The Gift of Being	3	A series of talks given to meditators as a preparation for their period of meditation. Each tape contains one talk for beginners and another for those wishing to deepen their inner journey.
Thomas Keating	Heart of the World	6	The most important work in our lives is prayer. TK uses the Gospel account of Martha and Mary as a framework for his talks.
Rowan Williams	Spirit of the Desert	4	The roots of the spiritual teaching of John Main are interwoven with the desert tradition of early Christianity. RW quotes extensively from the writings of the Desert Fathers & Mothers in this presentation to the 2001 John Main seminar in Sydney.
Bishop Kallistos Ware	The Kingdom of the Heart. The Jesus Prayer in our Daily Life	6	In these talks BKW speaks on the practice in the Eastern Church of the Jesus Prayer, a tradition that can be traced back to the Desert Fathers & Mothers.
William Johnston SJ	The New Christian Mysticism	6	WJ believes we are entering a stage in Christian history when the practice of contemplative prayer will offer a new dynamism, not only to the spiritual journey of the laity, but also to the social dimension of the Gospel.
Various	The Way of Peace	6	The 2000 John Main Seminar was held in Belfast and the seminar drew on speakers from previous seminars as well as members of the local community and representatives of the main religious traditions.